

WWW.FOCUSFOOTBALLTRAINING.COM.AU

PUT YOUR GAME FIRST

GIRLS ONLY PROGRAM

FREE INTRO SESSIONS

NOVEMBER 29TH

DECEMBER 5TH

CENTENNIAL PARK



WHY GIRLS ONLY? WHY NOT?

GIRLS ONLY FOOTBALL TRAINING

Focus Football Training (FFT) offers programs tailored for developing the individual player outside of the crowded club/team environment.

Our GIRLS ONLY training program focuses on individual improvement over team results - our players work with our experienced coaches in small graded groups working on the technical skills that will maximize the players' impact and confidence on the field.

Every session will be high intensity, challenging and rewarding. We welcome girls of all ability levels (U9-U18)

**REGISTER FOR OUR FREE INTRO SESSIONS
(SUN 29TH NOVEMBER/SAT 5TH DECEMBER)**

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